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ABSTRACT

This book contains seven articles intended to help counselors guide people in career and life planning. Both new directions in career planning and new directions in the workplace are discussed. The following articles are included: "Career and Life Planning: A Personal Gyroscope in Times of Change" (Judith A. Waterman); "Career Development for Empowerment in a Changing Work World" (Dennis T. Jaffe, Cynthia D. Scott); "Using the Strong Interest Inventory and the Myers-Briggs Type Indicator Together in Career Counseling" (Jean M. Kummerow); "Competency Profiling: A New Model for Career Counselors" (Richard J. Mirabile); "The Realignment of Workers and Work in the 1990s" (Andrea Saveri); "Meeting the Needs of the Multicultural Work Force" (David C. Wigglesworth); and "Working Couples: Finding a Balance between Family and Career" (Mark Guterman). (KC)

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